

Lessons learned from exemplary projects

Fritjof Salvesen
Asplan Viak AS – Norway
Operating Agent SHC task 47

Frankfurt 3. April 2014

Criteria for projects being task 47 exemplary buildings:

- **Building types:** Office buildings, Educational Buildings, Culture building and Hotels including historic / protected buildings
- **Energy:**
 - Goal: Towards a NZEB building
 - Optimized building envelope and technical installation using the best available technologies/products on the market
 - Within the given constraints of the individual building (e.g. for protected / historic buildings)
 - At least 60% reduction in the primary energy demand (heating, cooling, ventilation, lighting, DHW and pumps) (according to the calculation rules given by the EPBD standard or other similar standards)
 - The renovated standard should be better than the national standard building code for new buildings
 - Embodied energy strategies to be considered
- **Economics:** Marketable solutions
- **Market potential:** Replicable building concepts

Task 47:

Renovation of Non-Residential Buildings towards Sustainable Standards

Exemplary renovation projects from participating countries

Education buildings

- Kindergarten Veitofte in Høje Tåstrup (DK)
- School in Cesena (IT)
- School in Schwanenstadt (AT)
- Riva Bella School (BE)



Task 47:

Renovation of Non-Residential Buildings towards Sustainable Standards

Office buildings

- Norwegian Tax Authority Oslo (NO)
- Plus energy Kjørbo (NO)
- Office and Workshop Building Fraunhofer ISE Campus (GE)
- Printing Workshop and Office building (DE)
- TU Vienna Plus Energy (AT)
- Office Building, Roskilde (DK)
- Schüco Italia Headquarters (IT)
- Rockwool International Office Building “Center 2” (DK)
- Solbråveien office center, Asker (NO)
- Administration Building Bruck/Mur (AT)



Task 47:

Renovation of Non-Residential Buildings towards Sustainable Standards

Historic and listed buildings

- Norwegian Energy Authority (NO)
- Kampen School in Oslo (NO)
- Osram building (DK)
- Kaiserstraße 7, Vienna (AT)



Eighteen exemplary building brochures available on web-site

	Kindergarten Veitofte. Høie-Taastrup. Denmark			Date of revision 08.03.2013	Office and workshop building,
	School in Schwanenstadt. Austria				
1. INTRODUCTION	Kampen School, Norway				Powerhouse Kjørbo – Norway
	School “Tito Maccio Plauto” – Cesena (IT)				Office Building, Roskilde, Denmark
Date of revision: 15.6.2012	Osram Culture Centre – Copenhagen, Denmark				Schüco Italia Headquarter, Padova, ITA
	Norwegian Tax Authority - Oslo Norway				Rockwool International Office Building “Center 2”
	NVE building – Middelthuns gate 29, Oslo			1. INTRODUCTION	Administration building Bruck/Mur –
1. IN	Printing Workshop and Office Buildings				Refurbishment of the Riva Bella School
PRO Middel 1962 b floor, E Protec exteri and re equipm panes	SOLBRÅVEIEN OFFICE CENTER, ASKER				TU Vienna Plus Energy, AUSTRIA
1. INTRODUCTION					Kaiserstraße 7, Vienna
SPE The fir upgrac Focus	<p>PROJECT SUMMARY Year of construction: 1980 and 1982 Past energy renovations: None</p> <p>SPECIAL FEATURES Building envelop <ul style="list-style-type: none"> Interior insulation and a high insulated glass façade system with passive house windows Additional insulation of the roof Building Service System <ul style="list-style-type: none"> Use of existing ducts and active supply air terminal devices Ventilation with heat recovery (85%) and low SFP Demand controlled ventilation and lighting system Air/water heat pump </p>				
ARCH				1. INTRODUCTION	
CON: Mutlic				PROJECT SUMMARY	
PAR1 Herita				- Year of construction: 1904 Monastery, which is part of a square building complex that includes a church and a residential building. The complete complex is monument protected.	
MAIN				SPECIAL FEATURES	
OWN				- Listed building - Interior insulation - Central ventilation system - Innovative window solution based on box-type windows	
Brochu Anders Lassen Contact				ARCHITECT apk architects, Vienna	
SHC				Consultant e7, Vienna	
	CONTRACTOR Cooperation between GK Norge AS and Moderne Byggefornvelse AS				

Powerhouse Kjørbo – Norway

1. INTRODUCTION

PROJECT SUMMARY

- Year of construction: 1980
- None past energy renovations

MAIN RENOVATION TOPICS

- High insulated facades
- Airtightness 0,6 h-1
- High efficiency technical systems, ground coupled heat pump, COP = 15 for cooling , COP = 3,5 for heating, efficient heat recovery, and low SFP
- PV electricity production on site

Architect

Snøhetta Architects AS, Oslo

Consultants

Skanska Norway, Hydro, Zero, ZEB and Asplan Viak

Owner

Entra Eiendom AS



IEA SHC Task 47

Renovation of Non-Residential Buildings towards Sustainable Standards

3. DECISION MAKING PROCESSES

The Powerhouse Alliance

The Powerhouse Alliance includes the companies: Snøhetta Architects, Skanska, Hydro, Entra Eiendom and the NGO Zero. The Powerhouse concept was first launched in 2011. The proposal for the first Powerhouse project, a new office building in Trondheim, was presented in 2012. The Powerhouse Kjørbo is the first renovation project of the Alliance.

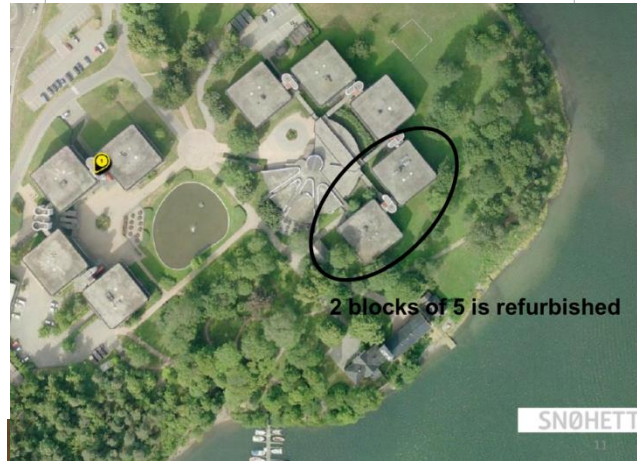
Powerhouse, criteria of the energy goal

In order to fulfill the declared goal of the PowerHouse (given in a press release from the Alliance): The Powerhouse alliance will:

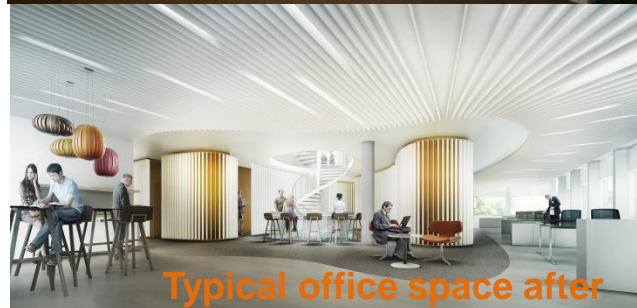
- challenge existing building conventions
- develop cutting-edge concepts
- promote new national and international standards for energy efficiency and energy positive buildings
- be technological path-breaking

The main definition of PowerHouse:

Powerhouse shall during its lifetime produce more energy than it uses for materials, production, operation, renovation and demolition



Typical office space before



Typical office space after

Timeline for the decision making process



4. BUILDING ENVELOPE

Roof construction :

U-value: 0,08 W/m²K (average value)

Wall construction :

U-value: 0,15 W/m²K (average value above and below ground)

Floor facing ground (basement) equivalent value in average :

U-value: 0,16 W/m²K

Windows :

U-value: < 0,8 W/m²K (average value)

Floor on ground

U-value: 0,12 W/m²K

Floor in basement

U-value: 0,16 W/m²K

Thermal bridge avoidance:

Focus on thermal bridges in:

- Mounting of windows
 - Insulation thickness where concrete slabs meets the façade
 - Wood facade construction with few thermal bridges, and 200 mm insulation in front of slabs
- Overall demand to thermal bridges are: < 0,03 W/m² k*

Window / to wall ratio: 40 / 60

Light transmitting factor for windows: 68%

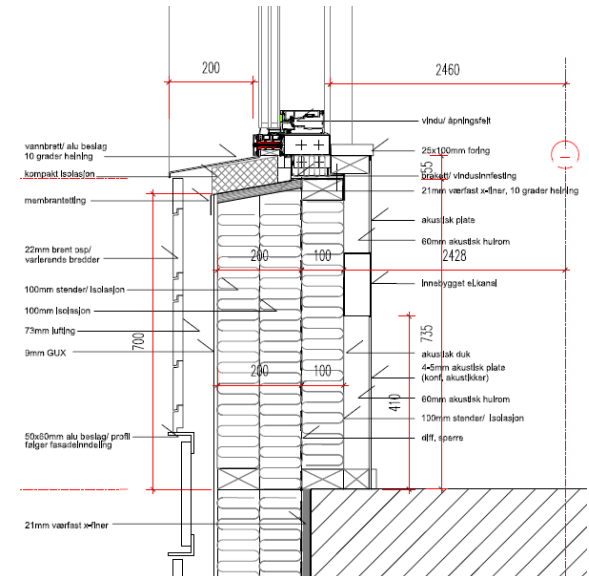
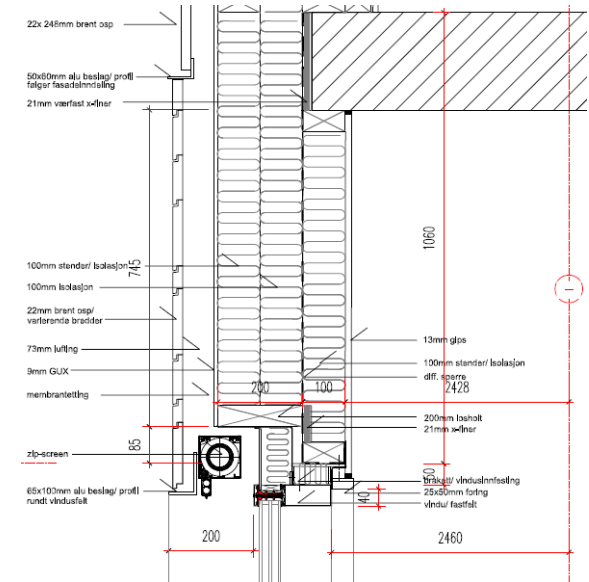
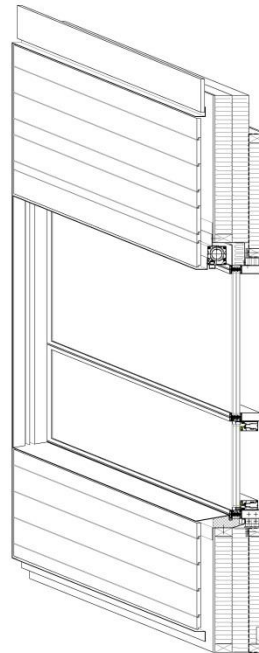
Daylight factor: average on working areas 2,1

Sun shading

External sun shading integrated in facade

Summary of U-values [W/m²K]

	Before	After
Roof/attic	~0,2	0,08
Floor/slab	-	0,12 – 0,16
Walls	~0,3	0,15
Ceilings	~0,3	~0,3
Windows	~1,8	0,8



5. BUILDING SERVICES SYSTEM

OVERALL DESIGN STRATEGY

The overall design strategy based on:

- Optimizing the building envelope
- Optimizing technical system
- Utilization renewable energy

LIGHTING SYSTEM

New lighting system have planned LENI number
~9 kWh/m² year

HEATING SYSTEM

Before – Water based heating system

After – Air heating delivered from ventilation system combined with radiators in the wave wall in the center of the building

COOLING SYSTEM

Before:

- central cooling of inlet air for mechanical ventilation in combination with cooled beams.

After:

- Central air cooling – mechanical and displacement ventilation

HOT WATER PRODUCTION

- Heat pump and district heating

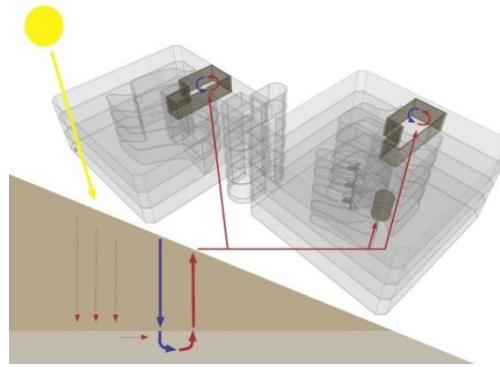
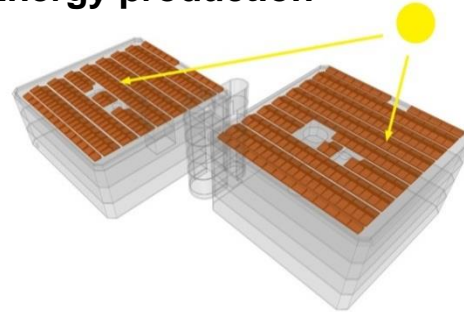
RENEWABLE ENERGY SYSTEMS

- Before: District heating

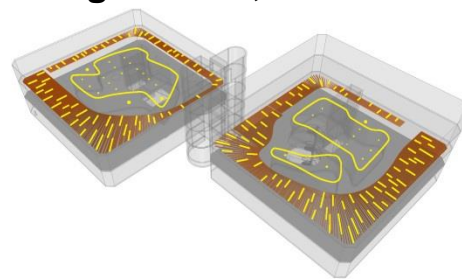
• After:

- preliminary ground based heat pump
- 310 kW PV system for electric generation to produce 230.000 kWh/year

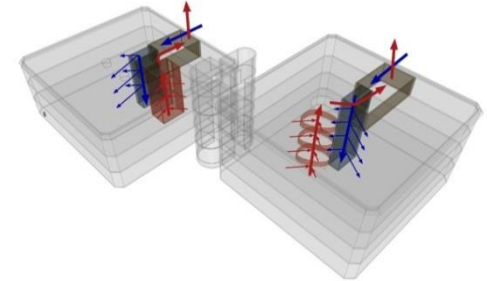
Energy production



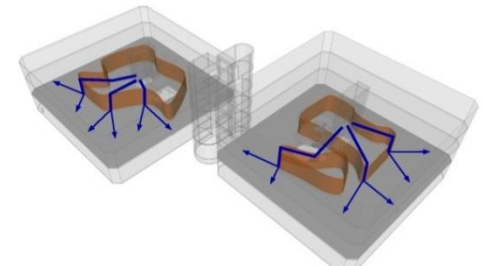
Daylight strategy – average DF > 2,1



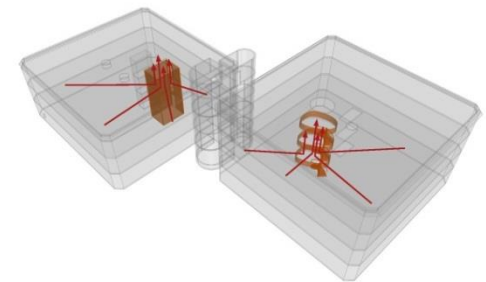
Ventilation and cooling Reduced duct length



Displacement ventilation



Exhaust air through staircase



6. ENERGY PERFORMANCES

ENERGY PERFORMANCE

Annual delivered before
~ 240 kWh/m² (including data facilities.)

Annual delivered after:
~20,4 kWh/m² (without data and technical equipment)
~50 kWh/m² year (including data facilities)

RENEWABLE ENERGY USE

Annual delivered before:
Electricity ~ 125 kWh/m²
District heating ~ 75 kWh/m²
District cooling ~ 40 kWh/m²

Annual delivered after:
Electricity ~ 18,4 kWh/m²
District heating ~ 2 kWh/m²

PRIMARY ENERGY CONSUMPTION

Primary energy consumption is defined as delivered energy multiplied with primary energy factors, as primary factor for conversion of electrical consumption calculated for a 60 year life time /Source ZEB and Powerhouse project report – 2012/

Energy budget - net energy/ space deliverable	Netto energy	Delivert energy				Remarks
		Electricity	District heating	Total		
Space heating	15,4	4,6	0,9	5,5	kWh/m ² year	Ground couples heatpump
Mechanical ventilation - heating	2,4	0,8	0,1	0,9	kWh/m ² year	Ground couples heatpump
Hot Water	4,3	1,1	1	2,1	kWh/m ² year	Ground couples heatpump
Energy fans for mechanical ventilation	2,1	2,1		2,1	kWh/m ² year	
Energy pumps for heating, ventilation, cooling	0,8	0,8		0,8	kWh/m ² year	
Lighting	7,7	7,7		7,7	kWh/m ² year	
Technical equipmnet, PC, copymachines etc.	12	12		12	kWh/m ² year	
Central data facilities - servers	16,9	16,9		16,9	kWh/m ² year	
Cooling, cooled beams in office areas	0	0		0	kWh/m ² year	
Cooling, central servers	16,9	1,1		1,1	kWh/m ² year	Free cooling from ground
Cooling, central mechanical ventilation	3,5	0,2		0,2	kWh/m ² year	Free cooling from ground
Sum energy demand	82	47,3	2	49,3	kWh/m² year	
Sum exclusive central data facilities	65	30,4	2	32,4	kWh/m ² year	
Sum exclusive central data facilities and technical equipment	53	18,4	2	20,4	kWh/m² year	

Energy demand / production	Delivered/ produced energy	Primary energy factor	Primary energy demand	
PV - production, first 30 years	40,7	1,98	80,6	kWh/m ²
PV - production, last 30 years	60,1	0,93	55,9	kWh/m ²
PV - production, average 60 years			68,7	kWh/m ²
Operational energy use	-20,4	1,46	-29,8	kWh/m ²
Embodied energy			-22,1	kWh/m ²
Sum			16,8	kWh/m²

7 ENVIRONMENTAL PERFORMANCE

Waste management

- More than 90% of waste from construction phase is recycled and / or reused

Ecological materials/ indoor AQ

- Building materials with lowest possible embodied energy
- Burned wood for façade cladding
- Labeling materials or materials with low polluting according to EN 15251
- All product categories listed in BREEAM have been tested against and documented to meet the relevant standards Volatile Organic Compound (VOC) emissions.
- The climate gas emissions from new materials in the building comprise 50% of the emissions in a new reference building. (Ref definition se /Klimagassutslipp.no/
- EPDs (Environmental Product Declarations according to ISO 14025/EN-NS15804) have been procured for at least 10 different building products used to a large extent

Certification / Labels

- BREEAM-NOR, planned for certification label outstanding



Building table element	kWh/m ² per year	kg CO ₂ -eq/m ² per year
22 Superstructure	0,07	0,04
23 Outer walls	3,81	1,75
24 Inner walls	1,50	1,49
25 Structural deck	6,09	1,27
26 Outer roof	2,20	0,78
28 Stairs, balconies etc.	0,03	0,01
36 Ventilation and aircondition	1,99	0,30
43 Low voltage supply	0,23	0,11
49 Other electric power installations (PV)	9,57	1,78
62 Person and product transport	0,08	0,02
69 Other technical installations	0,33	0,07
Energy consumption in construction phase	1,21	0,06
Total with reinforcing steel and concrete	27,2	5,7
Total without reinforcing steel and concrete	22,1	4,5

8. MORE INFORMATIONS

RENOVATION COSTS

The building shall be renovated within commercial market conditions.

The specific cost of the project are not public for the time being. The tenant Asplan Viak has signed a 10 year renting contract. The rent is higher than for a similar office building with an average energy standard. However, when the reduced energy costs are included, the total cost for the tenant is at the same level as for a standard office building.

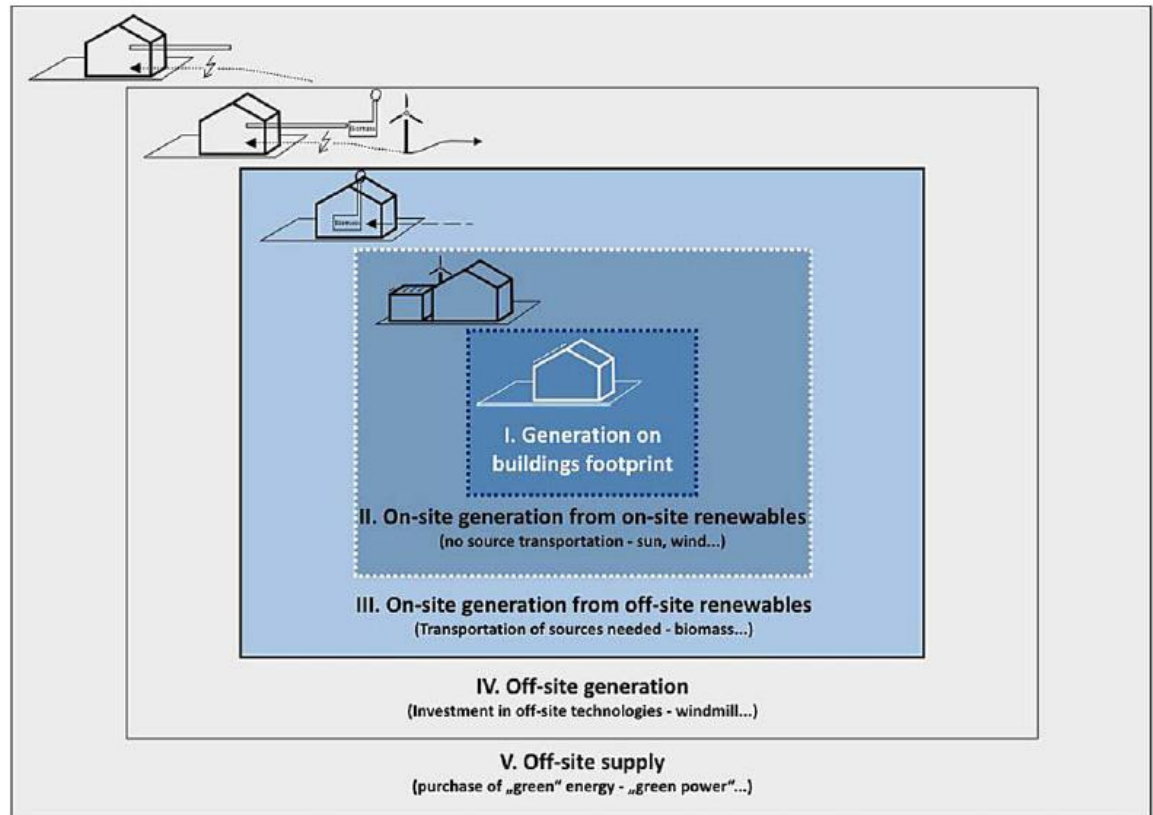
OTHER INTERESTING ASPECTS

Measured/delivered energy shall in net be counted to zero or be negative, and shall be calculated according to method/principles given in the Norwegian Standard 3031. Real operation conditions shall be used in the calculations, and technical equipment shall not be included.

The boundary of the plus energy building/Powerhouse is the site on which the building is located.

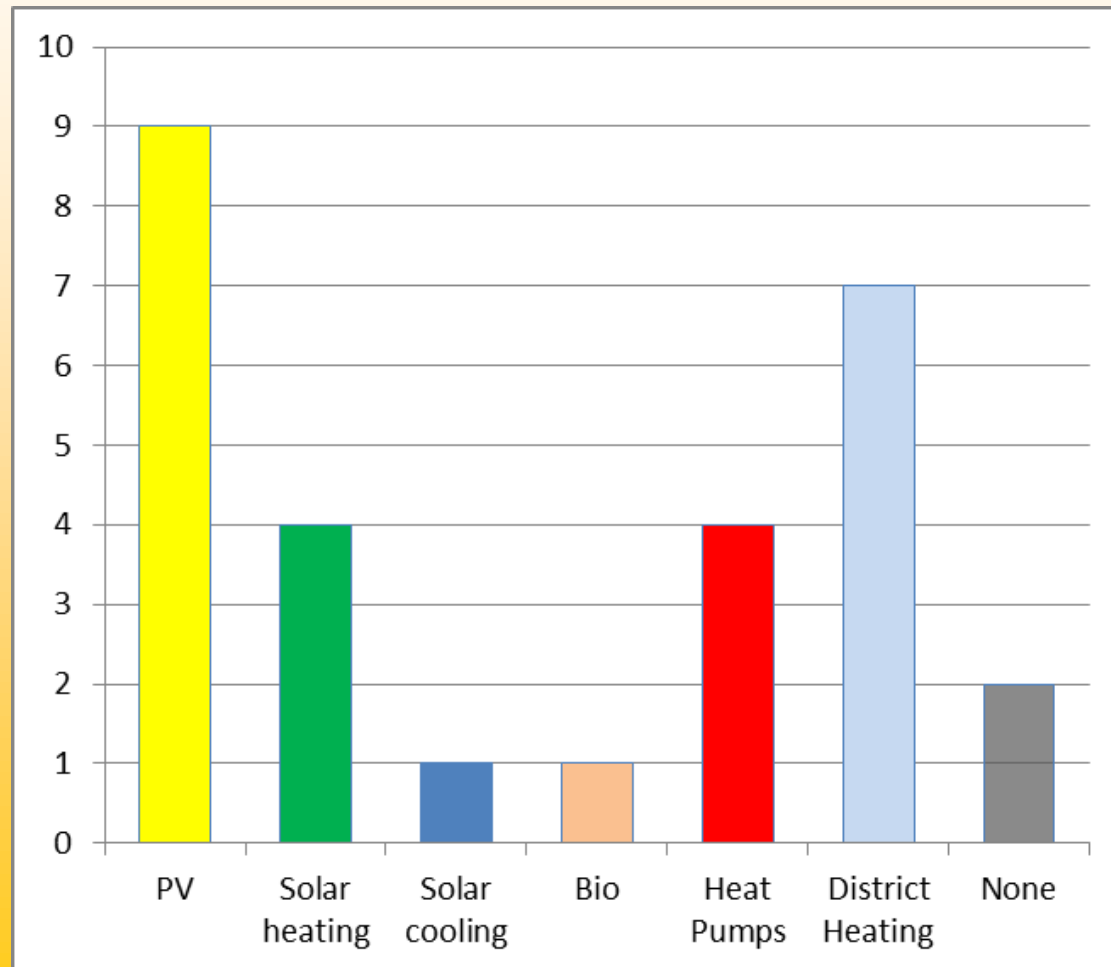
The energy goal must not be reached at the sacrifice of good architecture and indoor climate, or other central environmental qualities.

The Powerhouse boundary is similar to the Boundary II (*On site generation from on-site renewable*) as illustrated below



Source: A.J. Marszala, *, P. Heiselberga, J.S. Bourrelleb, E. Musallc, K. Voss, I. Sartori d, A. Napolitanoe. "Zero Energy Building – A review of definitions and calculation methodologies", *Energy and Buildings* 43 (2011) 971–979

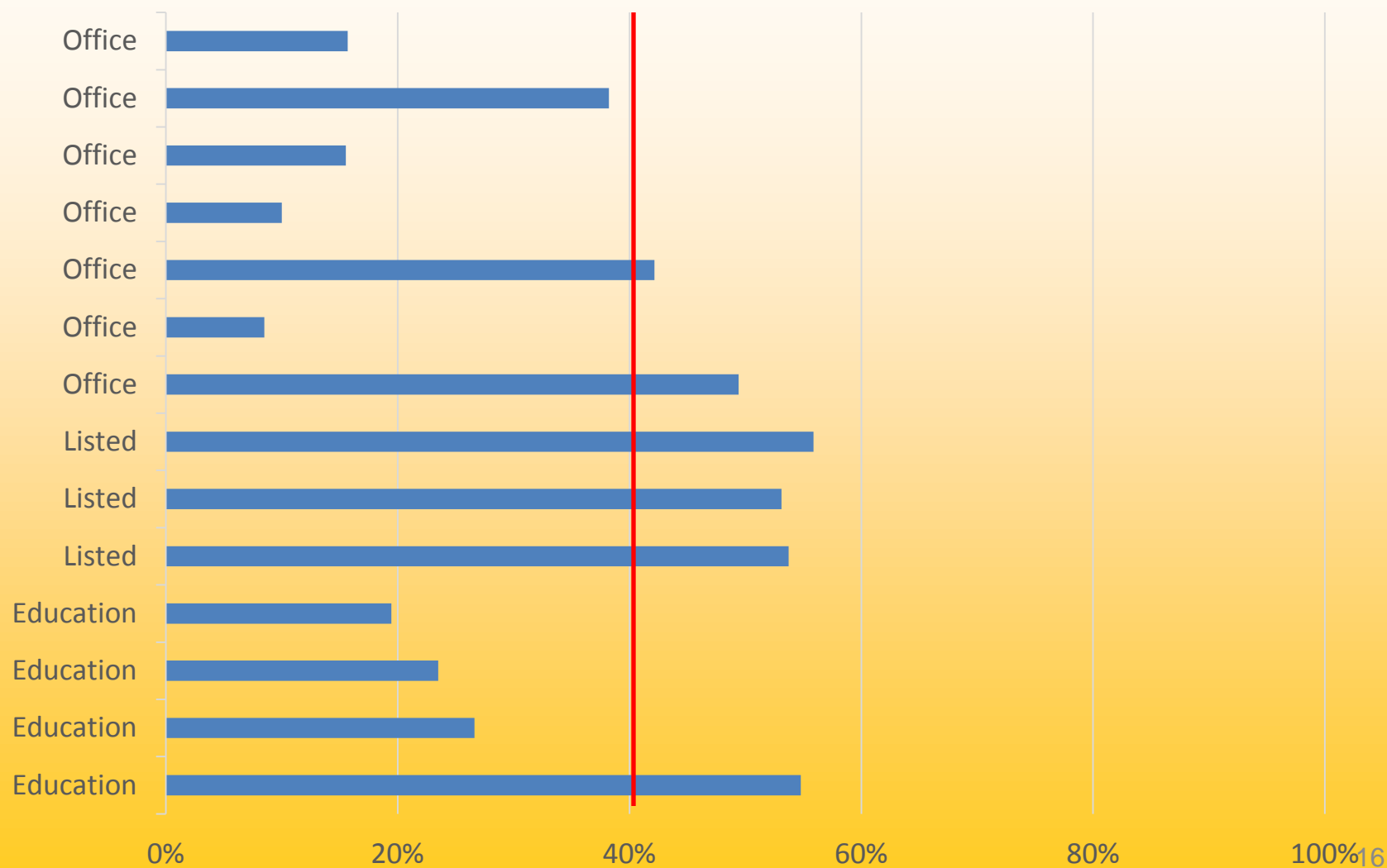
Energy supply system in the 18 renovation projects



Task 47:

Renovation of Non-Residential Buildings towards Sustainable Standards

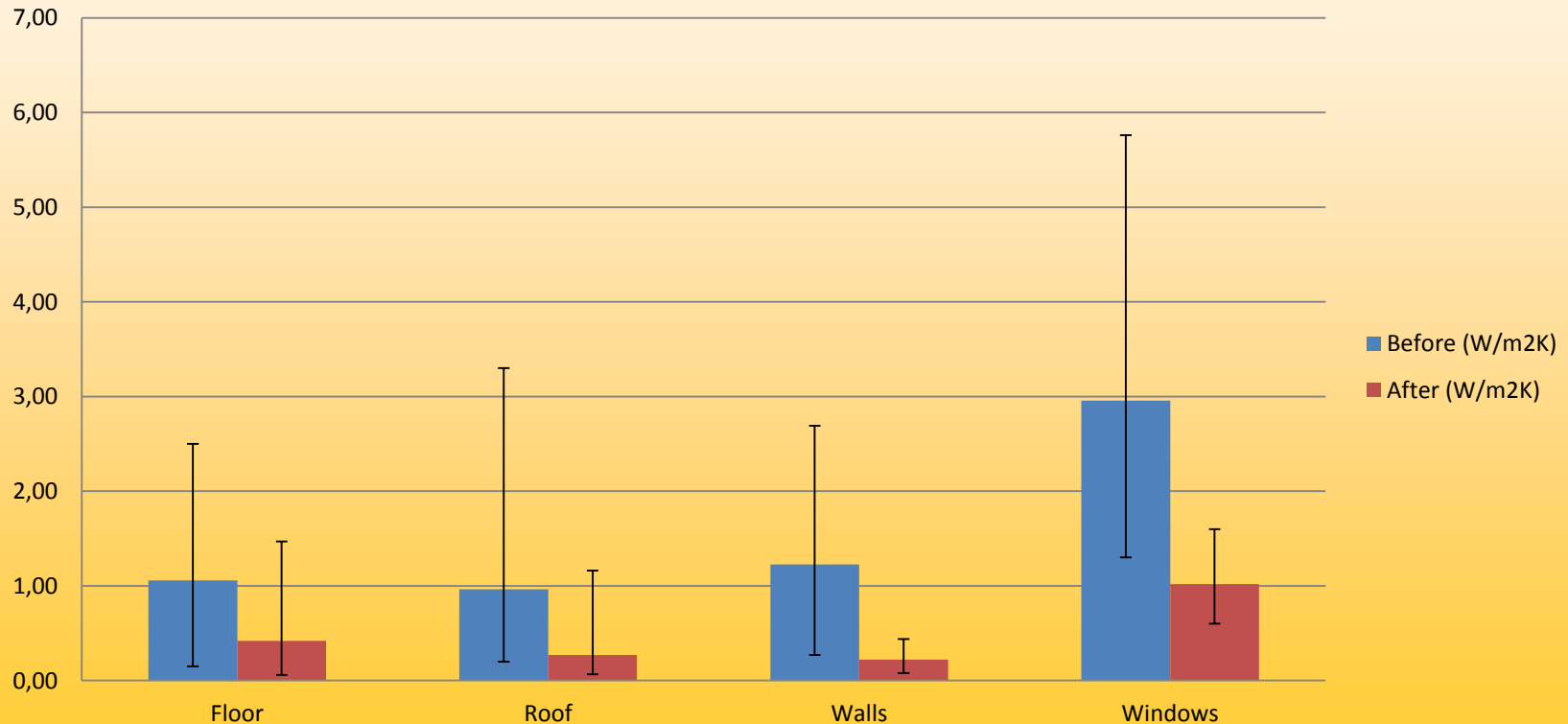
Energy demand after renovation



Task 47: Renovation of Non-Residential Buildings towards Sustainable Standards

U-values (W/m²K)

Average all buildings

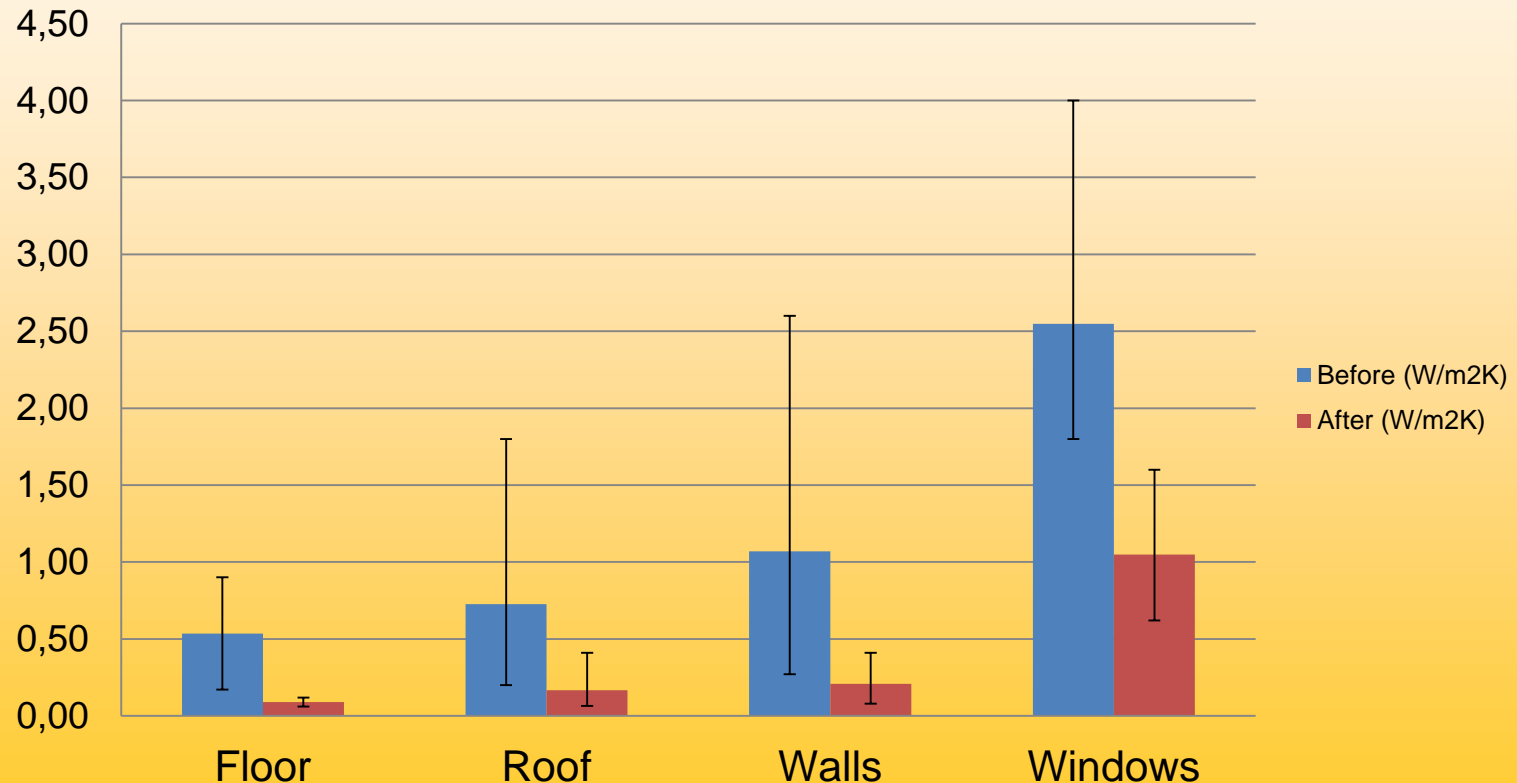


Task 47:

Renovation of Non-Residential Buildings towards Sustainable Standards

U-values (W/m²K)

Office buildings



Preliminary findings from 18 projects

- Windows upgraded to 0,6 - 1,2 W/m²C
- Demand controlled mechanical ventilation system with heat recovery often in combination with controlled natural ventilation system during summer months
- Low air velocity in ducts important to reduce the fan power; one building shows a 90% decrease in demand for electricity
- Limited mechanical cooling needed, mostly covered by night–time ventilation
- Heat demand reduced 50 – 95%
- Efficient lamps with daylight control and/or movement sensors
- Renovation from 64 – 1100 €/m² for energy measures (listed buildings on the high end)

Preliminary findings; *cont.*

- Multidisciplinary team of experts is necessary in the early stage of planning to achieve a high standard renovation; architects, consultants, owner, tenant and contractor
=> integrated sustainable design
- Plus energy standard achieved with PV-system even in Norwegian climate, within acceptable economic conditions
- BREEAM outstanding achieved in at least one project
- It is documented that the pupils in school showed significant improvement in the concentration test scores and health and well-being questionnaires after a renovation which included an upgrade of the ventilation system.

Task 47:

Renovation of Non-Residential Buildings towards Sustainable Standards

More details to be available from the subtask A report
«Lessons learned from exemplary renovation projects»
which will be completed in the autumn 2014

Thank you for your attention

<http://task47.iea-shc.org/>

fritjof.salvesen@asplanviak.no